

**Arkansas State University-Jonesboro**  
**Degree: Health & Physical Education**  
**Major: Physical Education**  
**Year: 2023-24**

Students requiring developmental course work based on low entrance exam scores (ACT, SAT, ASSET, COMPASS) may not be able to complete this program of study in eight (8) semesters. Developmental courses do not count toward total degree hours. Students having completed college level courses prior to enrollment will be assisted by their advisor in making appropriate substitutions. In most cases, general education courses may be interchanged between semesters. A minimum of 45 hours of upper division credit (3000-4000 level) is required for this degree.

Year 1				Year 1			
Fall Semester				Spring Semester			
Course No.	Course Name	Hrs.	Grade	Course No.	Course Name	Hrs.	Grade
HPES 1013	Intro/Foundations of PE (FYE)	3		PHYS	Physical Science	3	
PE 1002	Concepts of Fitness	2		PHYS	Physical Science Lab	1	
BIOL	Life Science	3		ENG 1013	Composition II	3	
BIOL Lab	Life Science Lab	1		MATH 1023	College Algebra	3	
COMS 1203	Oral Communications	3		SOCIAL	HIST 2763 or 2773 or POSC 2103	3	
ENG 1003	Composition I	3		ARTS/HUMANIT	Musical/Visual/Theatre	3	
Total Hours		15		Total Hours		16	
Year 2				Year 2			
Fall Semester				Spring Semester			
Course No.	Course Name	Hrs.	Grade	Course No.	Course Name	Hrs.	Grade
PE 2013	Using Tech in Physical Education	3		HLTH 3533	Strategies for Teaching Health Ed	3	
HLTH 2523	First Aid & Safety	3		HLTH 2513	Principles of Personal Health	3	
ARTS/HUMANITIE	ENG 2003 or 2013 or PHIL 1103	3		PE 1211	Hiking and Backpacking	1	
PE 1411	Track	1		SCED 2513	Intro to Sec Teaching	3	
SOCIAL SCIENCES	HIST 1013 or 1023 or POSC 1003 or PSY 2013	3		SOCIAL SCIENCES	SOC 2213 or ECON 2313 or 2333 or GEOG 2613	3	
PE 3832	TPT Fitness Concepts	2		ES 3543	Human Anatomy Fundamentals of Motion	3	
PE 1111	Physical Conditioning	1					
Total Hours		16		Total Hours		16	
Year 3				Year 3			
Fall Semester				Spring Semester			
Course No.	Course Name	Hrs.	Grade	Course No.	Course Name	Hrs.	Grade
ES 3553	Basic Physiology	3		PE 4663	Motor Skills Development	3	
PE 3842	TPT Leisure	2		PE 4793	Evaluation in Physical Education	3	
PSY 3703	Educational Psychology	3		SCED 3515	*Performance Based Design	5	
PE 3862	TPT Racquet	2		PE 3822	TPT Rhythmical Activities	2	
PE 4783	Organization & Administration of Phys Ed	3		PE 3892	TPT Team Sports	2	
PE 3802	PE for Teachers of Young Children	2					
Total Hours		15		Total Hours		15	
Year 4				Year 4			
Fall Semester				Spring Semester			
Course No.	Course Name	Hrs.	Grade	Course No.	Course Name	Hrs.	Grade
EDPE 4583	*Methods of Physical Education	3		*TIPE 4826	*Internship	12	
PE 4753	Physical Education Curriculum	3					
PE 4703	Adaptive Physical Education	3					
SCED 4713	*Educational Measurement	3					
ES 4763	Kinesiology	3					
Total Hours		15		Total Hours		12	
<b>Total Jr/Sr Hours</b>				<b>65</b>			
<b>Total Degree Hours</b>				<b>120</b>			

**Graduation Requirements:** Overall GPA  $\geq$  2.70. Grade of "C" or better required for all Professional Education Requirements. Courses denoted below with an asterisk (\*) require admission to the Teacher Education Program. For additional information, see Professional Education Requirements for Secondary Majors in the College of Education and Behavioral Science section.

**Coaching Endorsement:** PETE majors seeking a Coaching endorsement must complete an additional 7 hours of the following beyond the 120 total degree hours: PE 3813, *Concepts of Athletic Training* and any two (2) *Theory and Practice of Coaching Courses* (PE 4822, PE 4832, PE 4842, PE 4852, PE 4872, and/or PE 4882).