

Sara M. Tamsukhin PhD, RDN, LDN
Curriculum Vitae

EDUCATION

2018 – 2022	Ph.D. in Educational Studies, Curriculum concentration	University of Cincinnati (Cincinnati, Ohio), School of Education Dissertation title: Measuring Empathy of Undergraduate Dietetics Students at Two Southwestern Ohio Universities Dissertation Advisor: Helen Meyer, Ph.D.
2022 – present	Certificate in General Biology	Mississippi State University (Mississippi State, Mississippi)
2020	Certificate in Assessment and Evaluation	University of Cincinnati (Cincinnati, Ohio), School of Education
2007	M.S. Nutrition	University of Cincinnati (Cincinnati, Ohio), College of Allied Health Sciences Thesis title: The Relationship between Parity and Body Composition in African-American Women
2005	Dietetic Internship	Good Samaritan Hospital (Cincinnati, Ohio)
2004	B.S. Dietetics	University of Cincinnati (Cincinnati, Ohio), College of Allied Health Sciences

TEACHING AND CURRICULUM EXPERIENCE

A.T. Still University – Kirksville, MO

Assistant Professor

Graduate courses taught (Online):

- Teaching with Simulation
- Current Issues and Trends in Health Professions

Arkansas State University – Jonesboro, Arkansas

Assistant Professor

Graduate courses taught (Online):

- Health Care Delivery in the US
- Management of Nutrition services
- Data Analysis in Health Professions
- Nutrition in Critical Illness
- Advanced Medical Nutrition Therapy
- Nutritional Epidemiology
- Metabolic Nutrition
- Ethics of Healthcare

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- Food and Nutrition in Public Policy
- Nutrition and Dietetics Research

Undergraduate courses taught:

- Medical Nutrition Therapy – online
- Infant and Child Nutrition – online
- Nutritional Assessment – online
- Medical Nutrition Therapy 1 – synchronous online
- Medical Nutrition Therapy 2 – synchronous online

Undergraduate courses developed:

- Nutrition Education
- Nutritional Biochemistry
- Food and Society
- Quantity Foods
- Introduction to Research
- Community Nutrition

Union Institute and University – Cincinnati, Ohio

Graduate courses:

- Introduction to Research Methods (2022-2023) – online for dietetics and health students

Muskingum University – New Concord, Ohio

Undergraduate courses:

- Nutrition Through the Life Cycle (2022) – online
- Sports Nutrition (2023) – online

Miami University – Oxford, Ohio

Undergraduate courses:

- Personal Nutrition (2015-2018) – online
- Advanced Nutrition (2015-2018, 2022-2022) – online and in-person
- Nutrition Through the Life Cycle (2015-2018, 2021-2022) – online and in-person

University of Cincinnati – Cincinnati, Ohio

Undergraduate courses:

- Food Science 1 with lab (2009-2015) – hybrid
- Food Science 2 with lab (2009-2014) – hybrid
- Advanced Nutrition 2 (2009-2010, 2014) – in-person
- Lifecycle Nutrition (2015) – in-person
- Medical Nutrition Therapy 2 (2015) – in-person
- Food and Culture (2017) – online
- Personal Nutrition/Nutrition and Health at University of Cincinnati Blue Ash Campus (2015-2018) – in-person and online
- Medical Terminology at University of Cincinnati Blue Ash Campus (2017) – online

Graduate courses:

- Learning Sciences and Technology (2020) – blended learning course
- Introduction to Research Methodology (2022-2023) – online

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RESEARCH EXPERIENCE

- 2025 – present **Assistant Professor**
A.T. Still University, College of Health Studies – Kirksville, MO
- 2023 - 2024 **Assistant Professor**
Arkansas State University, College of Nursing & Health Professions – Jonesboro, Arkansas
- 2022 - 2022 **Post Doctoral Fellow**
University of Cincinnati, College of Nursing – Cincinnati, Ohio
- 2018 – 2022 **Ph.D. coursework, Graduate Assistantship, and collaborations with faculty**
University of Cincinnati, School of Education – Cincinnati, Ohio
Research and Statistical coursework: *Intermediate Statistics, Measurement & Assessment, Data Management, Participatory Action Research, Item Response Theory, Survey Research, Grant Writing, Qualitative Research, Mixed Methods, Structural Equation Modeling, Multivariate Analysis*
- Aug 2006 – Oct 2007 **Clinical Research Coordinator III**
Cincinnati Children's Hospital Medical Center – Cincinnati, Ohio
- Aug 2005 – Aug 2006 **Graduate Assistant – Nutrition**
University of Cincinnati – Cincinnati, Ohio
- Aug 2003 – Aug 2005 **Clinical Research Coordinator I**
Cincinnati Children's Hospital Medical Center – Cincinnati, Ohio

HIGHER EDUCATION/ADMINISTRATIVE EXPERIENCE

- Jan 2025 – present **Assistant Professor – A.T. Still University, College of Health Studies, Health Professions Education**
Service: Committees
- Jan 2023 – Dec 2024 **Assistant Professor – Arkansas State University**
Service: Committees
Accreditation work: ACEND self-study and data collection
- Jan 2020 – Aug 2022 **Graduate Assistant – Graduate Program Director's Office, School of Education**
University of Cincinnati – Cincinnati, Ohio

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Aug 2018 – Aug 2020 **Graduate and Teaching Assistant – eLearning, School of Education**
University of Cincinnati – Cincinnati, Ohio

Aug 2018 – Dec 2019 **Graduate Assistant – Teacher Education and Leadership, School of Education**
University of Cincinnati – Cincinnati, Ohio

INVITED GUEST LECTURES

2019 Feb	Guest speaker for Nutrition in Healthcare (Undergraduate nursing course, University of Cincinnati)	Topic: Nutrition During Infancy
2011 May	Guest speaker for Nutrition in Healthcare (Undergraduate nursing course, University of Cincinnati)	Topic: Diabetes Management and Nutrition Therapy
2010 Oct	Guest speaker for Clinical Nutrition elective course for Medical Students (University of Cincinnati).	Topic: Diabetes Management and Nutrition Therapy

CLINICAL/DIETETICS EXPERIENCE

May to June 2015; May to June 2016	Meals-on-Wheels Project for Wesley Community Center University of Cincinnati – Cincinnati, Ohio
Oct 2007 – May 2012	Registered Dietitian in Endocrinology and Diabetes Center Cincinnati Children's Hospital Medical Center – Cincinnati, Ohio
Aug 2005 – June 2009	Dietitian, University of Cincinnati Campus Recreation Center – Cincinnati, Ohio
Aug 2005 – Oct 2006	PRN Dietitian, TriHealth – Cincinnati, Ohio

PATIENT IMPROVEMENT AND EVALUATION EXPERIENCE

Cincinnati Children's Hospital Medical Center:

Oct 2010 – May 2011	A3S/Diabetes/Endocrine Professional Inquiry Committee
Sep 2010 – May 2011	Hyperglycemia group (Branch of DIScover): work on improvement in care coordination process and inpatient diabetic ketoacidosis (DKA) admissions

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Jan 2008 – May 2011 Diabetes P2 Group Projects: Diabetic ketoacidosis patient follow-up and improvement

Jun 2008 – May 2011 Nutrition Therapy Professional Inquiry Council Projects: Vitamin D Working Group; Food Allergy

PUBLICATIONS AND PRESENTATIONS

Refereed Journal Articles

2024

Sterling, T., Tamsukhin, S., & Cupp, J. (2024). Exam experiences of registered dietitians who passed the Commission on Dietetic Registration Registered Dietitian Exam (Abstract). *Journal of the Academy of Nutrition and Dietetics*, 124(10), Supplement A 65.

Gillespie, G., Cooper, S.S., Bresler, S.A., & Tamsukhin, S. (2024). Emergency department workers' perceived support and emotional impact following workplace violence. *Journal of Forensic Nursing*. DOI: 10.1097/JFN.0000000000000510

West, E., Sterling, T., Cupp, J., & Tamsukhin, S. (Accepted). Impact of COVID-19 on coordinated programs in dietetics. *Journal of Dietetic Education*, 2(2), 99-110.
<https://ecommons.udayton.edu/jde/vol2/iss2/10>

Gillespie, G., Tamsukhin, S., Galloway, E., Garde, D., & Grubb, P.L. (2024). Don't be nasty: A phenomenological study of newly licensed nurses, and workplace bullying. *Teaching and Learning in Nursing*, 19(2), 164-169. <https://doi.org/10.1016/j.teln.2024.02.020>

2023

Gillespie, G.L., Tamsukhin, S.M., Betcher, C., & Reponen, T. (2023). Interprofessional field experiences in occupational safety and health. *International Journal of Education*, 12(6), 1-10.
<https://doi.org/10.5430/ijhe.v12n6p1>

Tamsukhin, S.M., & Lim, Y.S. (2023). Measuring empathy of dietetics students (Abstract). *Journal of the Academy of Nutrition and Dietetics*, 123(9S), A33.
<https://doi.org/10.1016/j.jand.2023.06.109>

Tamsukhin, S., Zydney, J. & Nakonechnyi, A. (2023). Comparing remote and on-campus learning experiences and interactions in a blended synchronous learning environment. *Journal of Educators Online*, 20(1). <https://doi.org/10.9743/JEO.2023.20.1.14>

2019

Plevyak, L., Tamsukhin, S., & Gibson, R. (2019). Building a foundation for sustainable principles: Case studies of K-6 Green Ribbon Schools. *Journal of Sustainability Education*, 21(Dec 2019).

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Editorial

2023

Gillespie, G.L., & Tamsukhin, S. (2023). Why won't it stop: Workplace violence in emergency care. *Journal of Emergency Nursing*, 49(3), 310-316. <https://doi.org/10.1016/j.jen.2023.02.001>

Poster Presentations

2024

Sterling, S., Tamsukhin, S., & Cupp, J. (2024, October 7). Exam experiences of registered dietitians who passed the Commission on Dietetic Registration Dietitian exam. Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo 2024 (FNCE 2024). Minneapolis, Minnesota.

Sterling, T., Tamsukhin, S., & Cupp, J. (2024, July 31). Self-reported confidence of registered dietitians who passed the Commission on Dietetic Registration (CDR) exam. Society of Nutrition Education and Behavior (SNEB) Conference July 29-August 1, 2024. Knoxville, Tennessee.

2023

Tamsukhin, S., & Lim, Y.S. (2023, October 8). Measuring empathy of dietetics students. [Poster Presentation]. Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo 2023 (FNCE 2023). Denver, Colorado.

2018

Tamsukhin, S., (2018). *A review of simulated patient use in dietetics education*. Presented at the 2018 University of Cincinnati School of Education Professional Seminar Research Symposium. Cincinnati, OH.

2011

Sapsford, A., Summer, S., Santoro, K., Tamsukhin, S. & Turon-Findley, M.P. (2011). *Survey of healthcare practitioner's knowledge and practice of vitamin D assessment and supplementation in children*. Clinical Nutrition Week 2011. Vancouver, BC.

2010

Sapsford, A., Summer, S., Santoro, K., Tamsukhin, S. & Turon-Findley, M.P. (2010). *Survey of healthcare practitioner's knowledge and practice of vitamin D assessment and supplementation in children*. Cincinnati Children's Hospital Medical Center Nursing and Allied Health Research/EBP/QI Poster Day. Cincinnati, Ohio.

2008

Tamsukhin, S., Krummel, D.A., & Couch, S.C. (2008). *The relationship between parity and body composition in African-American women*. Ohio Dietetic Association (A.K.A. Ohio Academy of Nutrition and Dietetics) Annual Conference. Columbus, Ohio.

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Oral Presentations and Workshops

2024

Miller, M.E., Bevan, S., Wagner, M., Armstrong, C. & Tamsukhin, S. (2024 July). *Fostering teaching excellence: "Growing and sustaining" nutrition education research through the Scholarship of Teaching and Learning (SoTL)*. [Workshop]. Society of Nutrition Education and Behavior Conference July 29-August 1, 2024.

2021

Tamsukhin, S. (2021 March 6). *Measuring empathy and cultural competence in dietetics students*. Spring Research Conference 2021. Online Conference March 6, 2021.

Zydney, J., Nakonechnyi, A., & Tamsukhin, S. (2021 February 3). *Blended synchronous learning: Can remote experiences be equivalent to being on campus?* Transforming the Teaching and Learning Environment 2021. Online Conference Feb 1 – Feb 12, 2021.

2020

Tamsukhin, S., Zydney, J., & Nakonechnyi, A. (2020 November 9-18th). *Remote, on-campus, and asynchronous: Creating engaging experiences everywhere with flexibility in an online graduate course* [Graduate Student Discovery Session]. Online Learning Consortium Accelerate 2020. Online Conference

Zydney, J., Nakonechnyi, A., Leong, J., & Tamsukhin, S., (2020 June 16). *Blended synchronous learning: Eliminating the unnecessary dichotomy between online and on-campus classes*. Online Learning Consortium Innovate 2020. Online Conference.

2010

Campbell, M., DiMuzio T., Hillman J., Tamsukhin, S., & Wirtz, S. (2010 March). *Diabetes management for school nurses*. Ohio Association of School Nurses.

2008

Tamsukhin, S. (2008 December). *Diabetes management and nutrition therapy*. Dietetic Intern Day at Cincinnati Children's Hospital Medical Center.

Program Planning and Presentation

2022

Program planner, chair, and presenter for *Division I Graduate Student Council and Mentoring Committee Pre-Conference* on job planning and job-related material development. (American Educational Research Association Conference, virtual, April 19, 2022).

Program planner, chair, and moderator for *Division I Fireside Chat: Connecting diversity, equity, and inclusion to our work in the professions*. (American Educational Research Association Conference, San Diego/virtual, April 21, 2022).

Program planner and chair for *Division I Graduate Student Social*. (American Educational Research Association Conference, San Diego, April 23, 2022).

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2021

Program planner and chair for *Division I Graduate Student Council Pre-Conference Workshop 1: Cultivating Scholarly Endeavors for Publications*. (American Educational Research Association Conference, virtual, April 6, 2021).

Program planner and chair for *Division I Graduate Student Council Pre-Conference Workshop 2: Navigating Career and Life as Faculty or Academic Professional*. (American Educational Research Association Conference, virtual, April 7, 2021).

Program planner, chair, and moderator for *Division I Fireside Chat: Translating Research into Practice*. (American Educational Research Association Conference, virtual, April 9, 2021).

Chair for Roundtable session: Improving Education in the Professions. (American Educational Research Association Conference, virtual, April 12, 2021).

CERTIFICATIONS AND LICENSURE

2005 – present	Registered Dietitian, Commission on Dietetic Registration
2005 – present	Licensed Dietitian, Ohio Board of Dietetics
2023 - 2024	Licensed Dietitian, Arkansas Dietetics Licensing Board
2016 – 2018	Licensed Dietitian, Kentucky Board of Licensure and Certification for Dietitians and Nutritionists (currently in inactive status)

PROFESSIONAL AFFILIATIONS

2020 – present	Member, Society for Nutrition Education and Behavior Abstract reviewer for conference proposals
2018 – present	Member, American Educational Research Association Graduate Student Representative 2020-2022 Mentorship Committee Member 2022-present
2003 – present	Member, Greater Cincinnati Dietetic Association <ul style="list-style-type: none">• Membership Chair 2009-2010• President-Elect 2011-2012• President 2012-2013• Immediate Past President 2013-2014
2002 – present	Member, Academy of Nutrition and Dietetics and Ohio Academy of Nutrition and Dietetics Reviewer, Journal of the Academy of Nutrition and Dietetics Webinar Chair, Vegetarian Nutrition Dietetic Practice Group (Jan 2024-present) Treasurer, Nutrition Educators of Health Professionals Dietetic Practice Group (July 2024-present) Mentor, Research Dietetic Practice Group (2023-2024)

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REVIEWS/EDITOR

- Journal of Dietetic Education, Associate Editor, Editorial Board – *Manuscripts*
- Society for Nutrition Education and Behavior, Reviewer – *Conference abstracts*
- Journal of the Academy of Nutrition and Dietetics, Reviewer – *Manuscripts*
- Journal of Emergency Nursing, Reviewer – *Manuscripts*
- American Educational Research Association, Reviewer – *Conference abstracts*

AWARDS

2013	Recognized Young Dietitian of the Year, Ohio Academy of Nutrition and Dietetics/Academy of Nutrition and Dietetics
2006	College of Allied Health Sciences Research Award/Grant
2005	Recipient Sister Romuald Award, Good Samaritan Hospital
2004	Recipient, Ohio Nutrition Council Fund Scholarship
2003	Recipient, Association of Schools of Allied Health Professions Scholarship of Excellence

TRAINING

2023-2024	Effective Teaching Practices, Association of College and University Educators (ACUE)
2017	Quality Matters