

**Arkansas State University-Jonesboro**  
**Degree: Bachelor of Science Major: Health Promotion**  
**2021-2022**

Students requiring developmental course work based on low entrance exam scores (ACT, SAT, ASSET, COMPASS) may not be able to complete this program of study in eight (8) semesters. Developmental courses do not count toward total degree hours. **Students having completed college level courses prior to enrollment will be assisted by their advisor in making appropriate substitutions. In most cases, general education courses may be interchanged between semesters.** A minimum of 45 hours of upper division credit (3000-4000 level) is required for this degree. Mandatory state and institutional assessment exams will be required during your degree program. **Failure to participate in required assessments may delay graduation.**

Year 1				Year 1			
Fall Semester				Spring Semester			
Course No.	Course Name	Hrs	Gen Ed	Course No.	Course Name	Hrs	Gen Ed
HPES 1013	Intro to HPESS	3	x	BIO 2223/2221	A & P II	4	
COMS 1203	Oral Communications	3	x	ENG 1013	Comp II	3	x
BIO 2203	Human Anatomy & Physiology I	3	X	MATH 1023	College Algebra	3	x
BIO 2201	Lab for above	1	x	HIST 2763 or 2773 or POSC 2103	US to 1876 or Since 1876 or Intro to US Govt.	3	x
ENG 1003	Composition I	3	x	ART or MUS or THEA 2503	Fine Arts Visual or Music or Theatre	3	x
ANTH 2233 or ECON 2313 or 2333 or GEOG 2613 or HIST 1013 or 1023 or 2763 or 2773 or MDIA 1003 or POSC 1003 or 2103 or PSY 2013 or SOC 2213	Cultural Anthropology or principles of Macroeconomics or Economic Issues & Concepts or Intro to Geography or World Civilization to or Since 1660 or US History to our since 1876 or Mass Communication or Intro to Politics or Intro to US Govt. or Intro to Psychology or Intro to Sociology (select one not previously taken)	3	x				
<b>Total Hours</b>		<b>16</b>		<b>Total Hours</b>		<b>16</b>	
Year 2				Year 2			
Fall Semester				Spring Semester			
Course No.	Course Name	Hrs	Gen Ed	Course No.	Course Name	Hrs	Gen Ed
				PE 1002	Concepts of Fitness	2	
HLTH 2523	First Aid & Safety	3		ISBA 1503	Microcomputer Applications	3	
ENG 2003 or 2013 or PHIL 1103	Intro to Literature I or II or Intro to Philosophy	3	x	HP 2013	Medical Terminology	3	
NS 2203	Basic Human Nutrition	3		CHEM 1013 or 1043 or PHSC 1014 or 1203 or GEOL 1003 or PHYS 1103 or 2034 or 2054	Gen Chemistry I or Fund. Concepts or Environmental Geology or Energy and the Environment or Intro to Space or Physical Science or University Physics I or General Physics	3	X
HLTH 2513	Principles of Personal Health	3		CHEM 1011 or 1041 or PHSC 1201 or GEOL 1001 or PHYS 1101	Lab for above	1	X
electives	select any	3		ANTH 2233 or ECON 2313 or 2333 or GEOG 2613 or HIST 1013 or 1023 or 2763 or 2773 or CMAC 1003 or POSC 1003 or 2103 or PSY 2013 or SOC 2213	Cultural Anthropology or principles of Macroeconomics or Economic Issues & Concepts or Intro to Geography or World Civilization to or Since 1660 or US History to our since 1876 or Mass Communication or Intro to Politics or Intro to US Govt. or Intro to Psychology or Intro to Sociology (select one not previously taken)	3	x
<b>Total Hours</b>		<b>15</b>		<b>Total Hours</b>		<b>15</b>	

Year 3				Year 3			
Fall Semester				Spring Semester			
Course No.	Course Name	Hrs	Gen Ed	Course No.	Course Name	Hrs	Gen Ed
ES 3653	Tech of Aerobic	3		HLTH 3533	Strategies in Health	3	
ES 3553	Basic Physiology	3		ES 4693	Tech of Strength Training and conditioning	3	
ES 3543	Human Anatomy	3		ES 3623	Tech of Physiological Fitness Assessment	3	
GCOM 3673	Desktop Publishing	3		HLTH 3563	Human Sexuality	3	
NRS 3353 or SOC 4353	Aging	3		electives	select any	3	
<b>Total Hours</b>		<b>15</b>		<b>Total Hours</b>		<b>15</b>	
Year 4				Year 4			
Fall Semester				Spring Semester			
Course No.	Course Name	Hrs	Gen Ed	Course No.	Course Name	Hrs	Gen Ed
HLTH 4633	HP Assessment and Planning	3		HPES 4896	Internship	6	
HLTH 4523	Current Issues	3		HLTH 4643	HP Implementation and Evaluation	3	
HLTH 3523	Public and Community Health	3		HLTH 4513	Consumer Health	3	
HLTH 4543	Drug Use and Abuse	3		electives	select any	1	
electives	select any	3					
<b>Total Hours</b>		<b>15</b>		<b>Total Hours</b>		<b>13</b>	
<b>Total Jr/Sr Hours</b>		<b>45</b>		<b>Total Degree Hours</b>		<b>120</b>	

**Graduation Requirements:**

2.00 GPA at  
2.00 GPA  
Maximum of  
45 JR/SR  
120 Total  
18 of last 24  
Minimum of 57  
32 Resident  
**Course/Grad**  
C or better in